

## What support can Working Win offer you?

Working Win is a free service that supports people who have a health condition and are struggling in work. We'll work with you to build on your strengths, and to feel settled and flourish in your role.

### We will support you in your job role, including:

- One-to-one support from your Work and Enterprise Coach to help you continue working and manage your health condition at work
- Support to apply for relevant grants from the Access to Work programme
- Meeting with your employer to talk about your needs at work
- Help you with job applications, CVs and interview skills, to find a job that would suit your skills and strengths
- We can also work with you to access other support, information and advice you need to stay well



@WorkingWin

[www.workingwinreferrals.co.uk](http://www.workingwinreferrals.co.uk)



## **You can receive support from a Health & Wellbeing Coach to:**

- Access a team of qualified health professionals
- Learn how to cope better with your health condition in work and everyday life
- Build self-awareness in order to promote wellbeing and self-acceptance
- Create self-care strategies in order to thrive at work
- Receive practical, emotional and wellbeing support

## **You will be given access to a free Westfield Health and Wellbeing package, which includes:**

- Togetherall - safe online mental health community support and resources.
- 24 Hour Advice and Information Line – 24/7 access to speak to a counsellor, lawyer or medical advisor.
- Westfield Rewards – offers and discounts from over 1,000 leading restaurants, retailers and destinations.
- EASE Assistance Programme - up to 6 structured counselling sessions, if recommended by a telephone counsellor.
- DoctorLine™ - 24/7 GP telephone line.

## **You can also access debt, benefit and employment law support from Citizens Advice, including:**

- Access to dedicated expert support for income and debt advice
- Benefits you may get if your work has been affected by COVID-19
- Fast-track debt and benefits support
- Advice on employment, housing and finance



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